

7 reasons why joining Toastmasters will vastly improve your communication skills

1) You will learn effective communication skills.

In this Information Age, you are probably more at ease communicating by e-mail and telephone than you are face to face. At Toastmasters, you will learn the art of oral communication.

2) You will overcome the terror of public speaking.

Speaking to groups large or small may intimidate you. In Toastmasters, you will learn how to successfully formulate, express and sell your ideas and yourself.

3) You will get to give short talk.

As you give one to two minute impromptu speeches on general subjects, you will learn how to formulate ideas while thinking on your feet.

4) You will get constructive feedback.

Whenever you give a prepared speech, an evaluator will point out the presentation strengths and offer suggestions for improving your next speech.

5) You will get coached by a mentor.

Every new Toastmaster is assigned a mentor who acts as a sounding board to assist you during your speech preparation.

6) You get to practise leadership skills.

Leadership is an art. You can't learn to be a leader in one day; it takes practice. In Toastmasters, you'll build leadership skills when you organise and conduct meetings and motivate others to help you. Toastmasters is a laboratory for leadership where you will learn skills that can only be obtained in a voluntary organisation.

7) You will be part of a supportive environment.

You will be part of a mutually supportive and positive learning environment in which every person has the opportunity to develop communication and leadership skills, which foster self-confidence and personal growth. A Toastmasters Club enables you to become part of a community that supports continuous progress.

"Join Toastmasters. Oral communications skills count. Height and hair colour may be in the genes, but public speaking isn't. One good answer to the public speaking problem is Toastmasters. They do a fabulous job of helping people shape up their communications skills." – Tom Peters, Best-selling author of In Search of Excellence

Come along to a Toastmasters Club meeting and see how easy it is to stand up and speak. If you wish, you may participate in the impromptu speaking session of the Club meeting to get a taste of it. You can attend the first three meetings FREE of charge before needing to make a decision about joining or not.

Massey Toastmasters

Day: Wednesday
Time: Lunchtime – 12 to 1 pm

Contact: massey@toastmasters.org.nz